

Life at the Table Group Notes

Sermon Title: Build Anyway

Series: Rise & Rebuild (Week 4; November 2)

Scripture Focus

- Nehemiah 4

Reflection and Discussion Questions

1. One of the weapons Nehemiah's enemies used was ridicule. Sometimes that comes from another person, but often it is an internal voice that speaks words of condemnation and doubt. **Have you experienced that voice? What did it say, and how did you deal with it?**
2. Satan doesn't just try to discourage us through negative thoughts. He also devises strategies to discourage, sidetrack, or derail us. **Do you feel like this is happening in your life? What does God want you to do in response?**
3. Another common weapon the enemy uses against us is fear. Fear distorts perception, making rubble look larger and God smaller. Nehemiah's response was to pray, to post guards, and to keep building. **What does that look like in your life?**
4. The theme of this chapter is, "Build Anyway." **Does that resonate with you? How?**

Prayer Focus

- Perseverance through opposition
- Protection and unity for families
- Faith to "build anyway"

Next Step Challenge

Identify one area of resistance you are facing. Then, list one concrete step you can take this week to build anyway.